
PRAYER FOR ENGAGED COUPLES

May our love increasingly be a sign of Christ's love for the Church.

Let our daily nurturing of our relationship use the Mass as a model.

Let us each day humbly acknowledge our faults and ask for forgiveness for any hurts we have caused the other.

May we take any opportunity for praising and affirming the talents and efforts of the other.

May we offer our time, understanding, and active, empathetic listening even when we judge that we have heard before what we are hearing now.

May we pray with and for each other in whatever ways we can.

May we try to build a solid foundation of openness and trust based upon similar values.

May we celebrate our coming vows and put the stress on our relationship building, not on the wedding day details that will soon pale in importance.

May we treat each other with a sacred trust that seeks to build up.

Help us believe that God sends us forth as a couple to become an ever clearer channel of his love.

Don't let us neglect to give each other a kiss of peace often!

May we go in peace to love and serve the Lord.

~ Kathy and Keven Misiewicz



Everyday Counseling

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2 BECOME 1

Catholic Marriage Preparation Program



“Don't Concentrate on the Wedding Day and Forget the Life Long Commitment you are about to enter into.”

- Amoris Laetitia, 215



2 BECOME 1

You are getting married! Now is the time to invest in your marriage, take the time to learn critical skills and tools to make your marriage last a lifetime! Our program uses proven clinical tools combined with solid Catholic theology presented by a Catholic counselor. This retreat is approved by the Archdiocesan Office of Family Life.



2019 - 2020 DATES

September 7, 2019

January 4, 2020

April 4, 2020

July 25, 2020

October 10, 2020

Time & Location

8am - 4pm

The Grotto

8840 NE Skidmore St.

Portland, OR

Coffee & Lunch Included

**complimentary pass to upper gardens included*

PREPARE/ENRICH INVENTORY \$120.00

PREPARE/ENRICH is recognized as one of the leading relationship inventories. You will take the inventory online and then meet with a Catholic counselor. Each session is tailored specifically to you and your relationship. We will go over couple strengths and growth areas. Cost includes inventory, scoring and 2 couples counseling sessions. Available in person or online.



2 BECOME 1 RETREAT \$200.00

Set on the grounds of the beautiful Grotto, this 1 day retreat invites couples to encounter the plan that God has for their marriage. Includes Lunch and complimentary tickets to the Upper Gardens, where couples will be encouraged to pray and reflect on their commitment.

The weekend begins with a presentation on the beauty of the Catholic church's invitation to Sacramental Marriage. Couples will learn what makes a marriage valid, and will be introduced to the invitation of Grace offered through this Sacrament of service.

The afternoon will be filled with practical skills that every married couple will benefit from. These include communication, conflict resolution, finances, NFP, and more. All of this material is pulled from the latest research available in the field of marriage and family therapy.

