



MOUNT ANGEL
A B B E Y

“TWO BECOME ONE”

December 10 - 12th, 2021

Description: A retreat from the hustle and bustle of life to focus on your one true vocation, the vocation of marriage. For engaged and married couples, this weekend will offer you opportunities to pray together, learn together, play together, and grow together. God has created this sacred sacrament and called you to it. On this weekend you will be invited to discern your current state of life, and listen and respond to God's call and invitation to allow him into this Holy calling. This weekend is focused on learning how to respond to God's call to marital holiness, you will review a personalized inventory of your relationship, and have quiet moments for prayer, reflection, and discussion.

*This Weekend Qualifies for Marriage Preparation for the Archdiocese of Western Oregon *Check with your individual parish for specific requirements.*

FRIDAY

1-2:30 pm
2:30 pm
3:00 pm
5:15 pm
6:00 pm
7:25 pm

Registration

Orientation

CONFERENCE (Keynote w/ Fr. Matt Libra on Theology of the Body & The Sacrament of Marriage)

VESPERS followed by **Adoration**

Dinner

COMPLINE

SATURDAY

5:20 am
6:25 am
7 am
8 am
9:15 - 10 am
10:30 am
11:55 am
12:15 pm
2:30 pm
5:15 pm
6:00 pm
7:25 pm

VIGILS (optional)

LAUDS (optional)

Breakfast

Mass

CONFERENCE (Prepare & Enrich)

CONFERENCE (Skills for a Lifetime of Love)

NOON PRAYER

Lunch

CONFERENCE (Married Sexual Intimacy)

VESPERS

Dinner

Social Hour at the Brewery

SUNDAY

6:35 am
7:30 am
9 am
10:30 am
11:15 am
Noon
12:15 pm

LAUDS

Breakfast

Mass

CONFERENCE (Living Your Spirituality)

Small group discussion

NOON PRAYER

Lunch & end of Retreat

Email retreat@mtangel.edu or call 503.845.3025
Visit mountangelabbey.org/guesthouse/retreat for more info.